

### ***The Realities of East Texas Soil***

Your garden's success starts from the ground up—literally.

In East Texas, our soil has a big personality: nutrient-rich but stubborn, heavy, and often red clay. If you've ever tried to dig a hole in July, you know what I mean. Regardless, soil is one of the most important components of gardening.

Get this part right and you'll be patting yourself on the back for years to come

- **Red Clay Soil:** The signature soil of East Texas. It's dense, holds water like a sponge when wet, and cracks like a desert when dry.
- **Why it's tricky:** Poor drainage, compaction, and slow root growth can frustrate gardeners.
- **Why it's great:** Clay is mineral-rich—it holds onto nutrients better than sandy soils. With a little love, it can grow amazing gardens.

#### **Step 1: Test Your Soil**

- Before you start amending, know what you're working with.
- Use a soil test kit (for a small fee through our county extension office).
- Learn your soil's pH (most East Texas clay leans acidic).
- Identify nutrient gaps (nitrogen, phosphorus, potassium).

#### **Step 2: Improve Drainage & Structure**

- Clay soil needs air pockets and organic matter to open it up.
- Add compost: Builds structure, adds life, improves drainage.
- Mix in expanded shale: Helps break up compaction.
- Raised beds: Build up instead of fighting the clay.

#### **Step 3: Use Typical Amendments for East Texas Soil**

Here are some go-to fixes most local gardeners swear by:

- **Compost:** #1 amendment—adds organic matter, nutrients, and microbes.
- **Expanded Shale:** A lightweight rock that improves aeration and drainage in heavy clay.
- **Aged Manure** (cow, chicken, or horse): Boosts fertility when well-composted.
- **Gypsum:** Helps reduce compaction and improves soil structure over time.
- **Peat Moss or Coconut Coir:** Can improve water retention and loosens texture.
- **Pine bark fines:** Small bark particles that improve aeration and soil structure.
- **Sand:** Use sparingly and only with compost—never add sand alone (it can make clay feel like concrete).

**BONUS TIP:** *Add amendments a few inches deep and work them into the top 6–8 inches of soil before planting.*

#### **Step 4: Feed the Soil Life**

- Healthy soil is alive—teeming with microbes, fungi, and worms that work for you.
- Mulch regularly: Protects and feeds the soil as it breaks down.
- Plant cover crops (like clover or rye): Adds organic matter and prevents erosion.
- Avoid over-tilling: It destroys structure and compacts clay further.

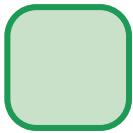
#### **Step 5: Choose the Right Plants**

- Some plants thrive in East Texas clay with minimal fuss.
- Veggies that do well: Tomatoes, peppers, okra, squash, beans.
- Landscape winners: Crape myrtles, hydrangeas, azaleas, hollies.
- Work with your soil, not against it—pick plants that love East Texas.

#### **Step 6: Build Healthy Habits**

- Water smart: Deep, less frequent watering encourages roots to go deeper.
- Fertilize wisely: Clay holds nutrients, so you may need less than sandy-soil gardeners.
- Refresh beds each season: Add 2–3 inches of compost or mulch annually.

# Soil Checklist for New Gardeners



## Get to Know Your Soil

- Do a soil test (our county extension office)
- Check pH (East Texas clay is usually acidic)
- Note drainage: Does water sit or run off quickly?



## Prep the Ground

- Clear weeds, rocks, and debris
- Loosen compacted clay with a shovel, fork, or tiller (just once to get started)
- Decide: in-ground bed, raised bed, or containers



## Add Key Amendments only if needed

- Mix in 2–3 inches of compost (every new garden loves this!)
- Add expanded shale or pine bark fines for better drainage
- Use aged manure or organic fertilizer for nutrients
- Consider gypsum if your soil is super hard and compacted
- Never add sand alone—it can make clay harder to manage!



## Build Healthy Soil Habits

- Mulch 2–3 inches deep after planting to protect soil
- Add compost every season to feed soil life
- Avoid walking on garden beds (prevents compaction)
- Water deeply but less often (encourages strong roots)



## Plant Smart

- Choose clay-tolerant plants (tomatoes, peppers, okra, crape myrtles, hydrangeas)
- Use raised beds or containers for fussier crops
- Rotate veggies each season to keep soil balanced

**BONUS TIP:** Healthy soil isn't built in a day—it's built over seasons. Start with compost and mulch, then keep adding organic matter every year. Your garden will thank you.

**Mulch is like a gardener's secret weapon—it protects your plants, enriches your soil, and keeps your garden looking sharp. The trick is knowing which mulch works best and how to use it.**

### Why Mulch Matters

- **Moisture Control:** Keeps soil from drying out in the Texas heat.
- **Weed Control:** Blocks sunlight, making it harder for weeds to sprout.
- **Soil Health:** Organic mulches break down, feeding your soil.
- **Temperature Balance:** Keeps roots cooler in summer, warmer in winter.
- **Aesthetic Appeal:** Gives beds a neat, finished look.

### Types of Mulch for East Texas

#### *Shredded Hardwood Mulch (Undyed)*

- Best all-around choice.
- Breaks down slowly, improves soil, and blends naturally into landscapes.

#### *Cedar Bark & Other Tree Barks*

- Repels some insects thanks to natural oils.
- Smells great and looks polished.

#### *Wood Chips*

- Affordable, great for pathways and large spaces.
- Use aged chips—fresh ones may tie up nitrogen.

#### *Composted Leaves (Leaf Mold)*

- Excellent for soil health and water retention.
- Free if you save your fall leaves!

#### *Pine Needles*

- Great for acid-loving plants (azaleas, blueberries).
- Lightweight and airy, but may blow around in wind.

### How to Mulch Like a Pro

1. **Prep First:** Clear weeds and water soil before laying mulch.
2. **Depth Matters:** Spread 2–3 inches deep—any more and roots may suffocate.
3. **Don't Smother Stems:** Keep mulch a few inches away from plant bases and tree trunks to prevent rot.
4. **Top Off Regularly:** Mulch breaks down over time; add fresh layers each season.

### Mulch to Avoid

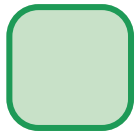
- **Dyed Mulch:** Chemicals may leach into your soil.
- **Fresh Grass Clippings:** Can mat down, smell, and attract pests.
- **Thick Plastic Sheeting:** Suffocates soil life.

### Pro Tips for East Texas Gardens

- Use hardwood mulch for veggie beds—it balances moisture in hot summers.
- Try mixing compost and shredded leaves under your mulch layer for a soil super-boost.
- Refresh pine needles under hydrangeas or azaleas in spring for happy blooms.

**Mulch isn't just a pretty cover-up. It's one of the best tools to protect, feed, and boost your garden all year long.**

# Mulch Checklist for New Gardeners



## Prep Before You Mulch

- Pull weeds and clear out debris
- Water the soil well
- Edge garden beds for a clean look



## Apply Mulch the Right Way

- Spread mulch 2–3 inches deep (not too thick!)
- Keep mulch 2–3 inches away from plant stems and tree trunks
- Use a rake or hands to smooth it evenly



## Mulch Choices (Pick What Fits Your Garden)

- Shredded hardwood mulch (best all-around)
- Cedar bark or tree bark mulch (insect-resistant, polished look)
- Wood chips (great for paths and large spaces)
- Composted leaves / leaf mold (feeds soil, retains water)
- Pine needles (perfect for azaleas, blueberries, hydrangeas)



## What to Avoid

- Dyed mulches (chemicals can leach into soil)
- Fresh grass clippings (smelly, can attract pests)
- Plastic sheeting under mulch (blocks soil life)

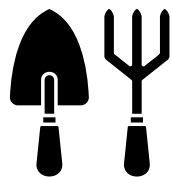


## Seasonal Maintenance

- Check mulch depth every few months
- Top off once or twice a year as it breaks down
- Refresh pine needles in spring for acid-loving plants

# More Tips from The Garden Porch

*for East Texas Gardeners*



## Don't Plant Too Early (or Too Late)

Trust us! East Texas weather can be tricky. Plant too early, a freeze will kill your plants. Plant too late, and the heat will stop them from thriving.



## Water Deep, Not Daily.

Roots go where the water goes and you want strong roots that are deep. Train them to dig deep and your plants will be so much happier (and so will you).



## Mulch heavy.

Keeps your soil cool in the summer and warm in the winter with mulch. Your plants will like it and your weeds won't like it. Plus, it looks pretty and who doesn't like pretty things in the garden

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